

## The Westchester 100

Join WTA in completing the "Westchester 100," a project inspired by the recent publication of the "Walkable Westchester" book by Walt and Jane Daniels. Listed below are almost all of the hiking areas and trails mentioned in the book. We've assigned a value to each trail based on length. There are 91 "regular" hikes, with other shorter hikes (numbered 92 thru 99) given "a" and "b" designations because they are each equivalent to half a hike. Where multiple areas are listed next to a number (for example, 97b lists both Koegel and Reis Parks), all of those areas must be hiked in to qualify. Depending on location, it's possible to complete more than one area at a time. There is no requirement that you hike all trails in a particular area, although we encourage you to explore as many of those trails as you can.

Keep a record of the date and place of each hike you lead or participate in. Send us the list when you complete a total of 50 hikes, and you'll receive a fancy certificate for your efforts. Complete all 99 and you'll get a patch. But wait! There's more!

Although we deliberately omitted a few of the areas and trails in the book for various reasons, there are several trails in Westchester County *which are not mentioned in the book at all*. Discover the mysteries over the next year, and tell us about them before publication of the Fall 2010 schedule. We will put a hike together for next Columbus Day celebrating (and hiking on) one or more of the discoveries. And, of course, you will be duly recognized as an "Explorer Extraordinaire" in the next Fall schedule.

### Morning Strolls (21):

1. Burden Preserve (Mt. Kisco)
2. Buttermilk Ridge, Glenville Woods, Tarrytown  
Lakes Park (Eastview, Tarrytown)
3. Franklin-Fels Nature Sanctuary (North Salem)
4. Glazier Arboretum (Chappaqua)
5. Hart's Brook Preserve, Ridge Road Park (Hartsdale)
6. Hilltop Hanover farm (Yorktown)
7. Hunter Brook Linear Park (Yorktown)
8. Lenoir Preserve and Untermeyer Park (Yonkers)
9. Marshlands Conservancy (Rye)
10. Merestead (Mt. Kisco)
11. Herbert L. Nichols Preserve (Armonk)
12. Old Field Preserve, Pine Croft Meadow,  
Long Pond Preserve (Waccabuc)
13. Oscawana Park, Graff Sanctuary (Cortlandt)
14. Pound Ridge Town Park (Pound Ridge)
15. Prun Sanctuary (Millwood)
16. Edith G. Read Wildlife Sanctuary (Rye)
17. Rye Nature Center (Rye)
18. Betsy Sluder Nature Preserve (Armonk)
19. Sunny Ridge Preserve (Ossining)
20. Sylvan Glen Preserve (Mohegan Lake)
21. Warburg Park (Millwood)

### Afternoon Jaunts (24):

22. Brinton Brook Sanctuary, Croton Trail,  
Jane E. Lytle Arboretum (Croton)
23. Brownell Preserve, Marx Tract (Goldens Bridge)
24. F.D.R. State Park (Yorktown)
25. Gedney Park (Millwood)
26. George's Island Park (Montrose)
27. Mildred Greirson Sanctuary, Marion Yarrow and  
Mt. Holly Preserves (Katonah)
28. John E. Hand Park (Ossining)
29. Hardscrabble Wilderness Area (Pleasantville)
30. Hillside Park and Woods, Hastings Trailway (Hastings)
31. Hudson Highlands Gateway Park (Cortlandt)
32. Hunt-Parker Memorial Sanctuary (Lake Katonah)
33. Kitchawan Preserve (Ossining)
34. Lasdon Park, Muscote River Trails (Somers)
35. Leon Levy Preserve (Vista)
36. Marsh Sanctuary, Leonard Park (Mt. Kisco)
37. Mount Holly Sanctuary (Katonah)
38. Rockwood Hall State Park (Sleepy Hollow)
39. St. Matthew's Church Woodlands (Bedford)
40. Silver Lake Preserve (Harrison)
41. Tibbetts Brook Park (Yonkers)
42. Turkey Mountain Preserve (Yorktown)
43. Twin Lakes Park (Eastchester), Nature  
Study Woods (New Rochelle)
44. Ward Acres Park (New Rochelle)
45. Whippoorwill Park (Chappaqua)

### **Day Trips and Large Parks (20):**

- 46. Baxter Tract (North Salem)
- 47. Beaver Dam Sanctuary (Katonah)
- 48. Blue Mountain Reservation, Depew Park (Peekskill)
- 49. Butler Memorial Sanctuary (Mt. Kisco)
- 50. Camp Smith Trail (Peekskill)
- 51. Cranberry Lake Preserve (Valhalla)
- 52. Croton Point Park (Croton)
- 53. Graham Hills Park (Pleasantville)
- 54. Irvington Woods, V. Everit Macy Park (Irvington)
- 55. Meyer Preserve (Armonk)
- 56. Mianus River Gorge Preserve (Bedford)
- 57. Mt. Lakes Park, Hearst-Mead Tract (North Salem)
- 58. Muscoot Farm (Somers)
- 59. Rockefeller Preserve (with or without Pocantico Lake Park) (Sleepy Hollow)
- 60. Saxon Woods Park, Weinberg Nature Center (Scarsdale)
- 61. Sprain Ridge Park (Yonkers)
- 62. Teatown Lake Reservation (Ossining)
- 63. Ward Pound Ridge, Lewisboro Town Park (Cross River)
- 64. West. Wilderness Walk (Pound Ridge)
- 65. Westmoreland Sanctuary (Mt. Kisco)

### **Trail Systems and Linear Corridor Sections (28):**

- 66. Bedford Riding Lanes Asso. Trails (Leader's Choice) (1)
- 67. Briarcliff Peekskill Trailway: Spring Valley Road to Watch Hill Road (1)
- 68. Leatherstocking Trail and Sheldrake River Trails Conservation Area (1)

#### Bronx River Pathway (2):

- 69. Valhalla to Scarsdale
- 70. Scarsdale to Bronxville

#### South County Trailway (1½):

- 71. Elmsford (Rt. 119) to Yonkers (Barney St.)
- 92a. Yonkers (Elicar Ter.) to the Bronx line (½)

#### Old Croton Aqueduct (4):

- 72. New Croton Dam to Ossining
- 73. Ossining to Sleepy Hollow (Gory Brook Road)
- 74. Gory Brook Road to Dobbs Ferry (Walnut St.)
- 75. Walnut St. To Yonkers (LaMartine Ave.)

#### North County Trailway (3½):

- 76. Baldwin Place to Yorktown Heights
- 77. Yorktown Heights to Millwood
- 78. Millwood to Route 117
- 92b. Route 117 to Eastview (½)

#### Along the Hudson (8 ½):

- 79. Annsville Preserve, Peekskill River Park, Charles Point Park (Peekskill)
- 80. Shoreline Trail and Montrose Point State Forest (Verplank, Montrose)
- 81. Croton Waterfront to Ossining (Croton)
- 82. Crawbuckie Nature Preserve and Ossining Waterfront (Ossining)
- 83. Kingsland Point Park and Pierson Park (Sleepy Hollow and Tarrytown)
- 84. Matthiessen Park and Scenic Hudson Park (Irvington)
- 85. Ardsley Waterfront and Dobbs Ferry Waterfront Park (Ardsley and Dobbs Ferry)
- 93a. Rowley's Bridge Trail (Hastings) (½)
- 86. Yonkers North Hudson Promenade and Esplanade Park (Yonkers)

#### Along the Sound (5 ½):

- 87. Pelham Manor Shore Park and Glen Island Park (Pelham Manor and New Rochelle)
- 88. Davenport Park, and Davenport Neck Bird Sanctuary (New Rochelle)
- 89. Five Islands Park, Premium Marsh Cons. Area and Manor Park (New Rochelle and Larchmont)
- 90. Hommocks Conservation Area and Harbor Island Park (Mamaroneck)
- 93b. Otter Creek Preserve (Mamaroneck) (½)
- 91. Rye Town Park, Oakland Beach, Rye Beach, Playland (Rye)

### **Pocket Parks and Tiny Treasures (6) (12 @ ½ each):**

- 94a. Bye Preserve, Carolin's Grove and Clark Preserve (Pound Ridge)
- 94b. East Irvington Nature Preserve and Halsey Pond (Irvington)
- 95a. Five Ponds and Frederick P. Rose Nature Preserve (Waccabuc)
- 95b. Guard Hill Park, Choate Sanctuary (Mt. Kisco) and Pinecliff Sanctuary (Chappaqua)
- 96a. Old Church Lane Preserve, Onatru Farm Park and St. Paul's Chapel (Vista)

- 96b.Ridgeway Nature Preserve and White Plains Greenway (White Plains)
- 97a.PepsiCo Sculpture Garden (Purchase) and Crawford-Rye Hills Park (Rye Brook)
- 97b.Koegel Park and Reis Park (Somers)
- 98a.Henry Morgenthau Preserve (Pound Ridge)
- 98b.Halle Ravine Nature Preserve/Pine Terrace Preserve (Pound Ridge)
- 99a.Larchmont Reservoir (New Rochelle)
- 99b.Croton River Gorge Park/Croton George Park (Croton)